

This newsletter has been sent out monthly since 2005. See www.tawalink.com/newsletters.html for back issues.

*Other sources of online community information in Tawa: <https://www.facebook.com/groups/701254429944972>
www.neighbourly.co.nz • www.facebook.com/VibrantTawa • www.facebook.com/tawacommunityboard*

PLANNING FOR GROWTH

“Planning for Growth” is a project about the people of Wellington and how we plan for the city’s future growth.

For Tawa (and certain other suburbs) “6-storey buildings are proposed in the town centre and within 5 to 10 minutes walking distance of the boundary of the suburban centre and railway stations.”



Is it feasible to accommodate 50% more people in Tawa? That is another matter to be considered.

To find out more and to discuss this with Wellington City Council officers, come and visit the Planning for Growth Pop-up at the Main Road Plaza in central Tawa on Friday 14th August, 12pm to 4pm, and Saturday 15th, 10am to 2pm.

There will be information, visuals and an opportunity to talk to the team to find out what the Draft Spatial Plan means for Tawa.

RAIL SAFETY WEEK THIS WEEK

This year Rail Safety Week runs from Monday 10th to Friday 14th August. It is a nationwide campaign that raises awareness of safe behaviour around railway tracks, and is coordinated by KiwiRail in close partnership with a number of other agencies.

Tawa has previously been identified as an area where education and awareness about safe behaviour around railway level crossings is essential. TrackSafe NZ has worked closely with local schools, KiwiRail, Transdev Wellington (who operate the passenger trains) and the Tawa Community Board to find ways to increase the levels of awareness of safety around the railway tracks in Tawa. There have been a number of close calls involving students from Tawa schools over the years – often related to the issue of the second train coming in quick succession after another train.



There is likely to be a community representative at the Tawa Street crossing on Tuesday morning to “keep an eye on things” and at the McLellan Street crossing that afternoon; on Wednesday at the Collins Ave crossing in the morning, the Tawa Street crossing in the afternoon and, on Thursday, at the crossing by Tawa Pool around the time Tawa College finishes that day, i.e. early afternoon.

MARK THE DATE

Situated right here in the heart of the Tawa shopping district, The Plaza is THE place to be this coming Saturday 15 August.

Bring the family down to celebrate the official opening of both SoulyNZ (selling “Lovingly Beautifully Kiwi” products all made right here in our beautiful country) and Collective First National’s new Tawa-based real estate office.



Healing Light Crystals, Nicola Harwood Goldsmith, Joel Alcorn Jewellery and SoulyNZ will all be opening their doors from 10.00am through to 4.00pm for your shopping pleasure, and Café Addict will be open so you can sit back and enjoy a well-deserved coffee or hot chocolate.

The Collective team will be on the ground cooking sausages on

the BBQ between 11.00am and 2.00pm (a big thanks to Nicole and Cam at New World for supporting us with this) they'll be selling those sausages for a gold coin donation with all donations going to locally-based Kiwi Community Assistance. Plus there'll be live music by the fabulous “Alive and Giggling” duo of Kevin and Mike.

Also in the Plaza on Saturday 15 August (and the day before) is the Wellington City Council’s “Planning for Growth” pop-up. In the next 30 years Wellington will be home to 50,000 to 80,000 more people – and that will have a big impact on where and how we live. This is a great opportunity to get information about how the planning is going and what the next steps are.



Kiwi Community Assistance

Working together to reduce inequality in our communities

So get the date in the calendar on your mobile, write it on the family calendar, stick a note on the fridge come on down and say hi!!

TAWA BUSINESS BREAKFAST



With the 2020 election just over a month away, the Tawa Business Group and Biz Connect have arranged for Greg O'Connor (current MP for Ōhāriu) and Brett Hudson (National candidate for Ōhāriu) to speak at our next Business Breakfast.



Join us for some networking and to listen to both candidates discuss their party’s policies relating to businesses, and to put to them any questions you may have.

EVENT DETAILS

Date: Tuesday 11 August, 7.00am - 8.30am

Venue: The Borough, 162/168 Main Road, Tawa, Wellington

Master of Ceremonies: Mike Green, Forsyth Barr

Cost: \$25.00 per person

Please make payment to Business Connect 06 0294 0937391 00 Reference: Name/August

RSVP to sharon@tawabusiness.co.nz IMMEDIATELY (the event is almost here!)

We look forward to seeing you there.

TAWA RSA FRIDAY NIGHT MEAL

In conjunction with Tommo's Low n Slow Traditional American Barbecue, the food truck will be parked outside the Tawa RSA at 89 Oxford Street (the northern end), Tawa. So please grab your food and enjoy a drink in the Club Rooms – 21 August 2020 from 5pm till 8pm (or until sold out).



If you are not a member of the Tawa RSA you are more than welcome to join us in the Club Rooms. We just ask that you sign in at the door.

INNER WHEEL QUIZ NIGHT

Date: Thursday September 3 7pm-9pm

Venue: The Borough, Tawa

Grab some friends and come along to the Mighty Inner Wheel Annual Quiz Night

Fabulous Prizes, including 3 x \$25.00 vouchers, for the first three teams to register and pay.

Borough Vouchers for the first three winning teams. Spot prizes.

Tickets are just \$10 pp available from Carolyn, phone 021 369 115 or carolynjcrutch@gmail.com

Proceeds to Tawa Community Patrol.



HAVE YOUR SAY

People living in Wellington City now have the opportunity to give their feedback on new controls intended to help promote waste minimisation and better manage waste.

Have your say on how we more effectively manage and minimise waste in Wellington city. Submissions may be made now through to 5pm on Friday 25 September 2020.

See <https://wellington.govt.nz/en/your-council/news/2020/08/waste-minimisation-plan-by-law>



16th Guide Dogs Fun Run Sunday 27 Sept 2020

Tawa Junction: 10 Surrey Street, Tawa. Reg 1pm; Start 1.30pm

All proceeds to Guide Dogs

NZHRA
SANCTIONED

\$10 per person or
\$20 per car load

Prize Giving at:
Capital Rodders Clubrooms, Onepoto Rd
Sausage Sizzle and Cash Bar

WWW.CAPITAL-RODDERS.ORG.NZ



Thanks to our sponsors – please support them

**Tawa Historical Society
Incorporated**
-- Annual General Meeting --

Monday 31 August 2020

At 7.30pm

**Tawa Community Centre,
5 Cambridge Terrace, Tawa.**

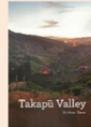
Members and potential members are invited to attend this meeting and to find out first hand about the work of the Society.

At the Annual General Meeting we will review the past twelve months and outline our plans for the year ahead.

**We will then elect the officers for the
2020/2021 year.**

Bruce Murray, Chair of Tawa Historical Society will speak on items of interest relating to Tawa history

The evening will conclude with refreshments



CHAIRING THE TAWA COMMUNITY BOARD

The current chair of the Tawa Community Board (since November 2019) is Robyn Parkinson, at the left in the pic below. The first woman chair of the board was Ngaire Best (chair 2004-07).

Robyn was the guest speaker at Tawa Rotary's meeting last Tuesday evening. In attendance were three former board chairs, two of whom still serve as community board members.

They are pictured, next to Robyn, as follows: Richard Herbert (chair 2016-19), Malcolm Sparrow (chair 2010-13), and Robert Tredger (chair 2007-10, 2013-16). Robert served on the board for 21 years before 'retiring' in 2016.

For details of the current Tawa Community Board see <https://wellington.govt.nz/your-council/meetings/committees/tawa-community-board>



TAWA LIONS SATURDAY MARKET HAS MOVED A FEW METRES

The Tawa Lions Saturday Market at Outlet City carpark is open every Saturday from 9am to 2pm. It is still in the carpark but has moved a few metres south, to the other side of the Outlet City entrance.

Visit the market for fruit, vegetables, free range eggs, Helen's Honey and Idle Kitchen Jams.



WAITOMO MAKING PROGRESS IN TAWA

You will probably have noticed the construction work being undertaken in vicinity of the Outlet City carpark – the early stages of construction of the new Waitomo petrol station.



As reported in our June newsletter: “Resource consent was granted recently for “construction of an unmanned petrol station and associated earthworks at 26-28 Main Road, Tawa” The applicant is Waitomo Energy Ltd. The site adjoins the Outlet City carpark. “There will be two vehicle access points, one from the roundabout on [the] Main Road where the vehicle crossing will form a fourth leg to the roundabout. The other vehicle crossing will be on the east boundary, providing access through to the Outlet City carpark for loading trucks which will then utilise the internal access for Outlet City out to

[the] Main Road.”

It will be interesting to see the level of petrol prices in Tawa a few months from now! When Waitomo first opened in Wellington a year or two back, their website states: “..... our impact was immediate. The market came down to meet us and Wellingtonians are now paying 20-30 cents a litre less than what they were before Waitomo opened up. We are stoked to be reducing the cost of fuel so Kiwis can save their money and spend it on other things they need – like food and power.”

FOSTER HOPE WINTER PYJAMA DRIVE

June Matthews of Foster Hope (pictured left with Gaylene Lines and Elizabeth Sutton of Tawa Rotary) sorts through the many winter pyjamas, warm blankets and other winter wear donated by the generous people of Tawa for youngsters taken into foster care.

Donated items can still be left at ITM, Main Road, Tawa. Thank you, Tawa, and Brian Frampton of ITM.



TAWA ROTARY CLUB QUIZ EVENING

Date: Tuesday 25 August 7pm-9pm

Venue: The Borough, Tawa

Cost: \$12 per person (make up your team of 6-8 people)

Fun evening, great prizes including \$50 voucher from The Borough

Amazing raffle prizes – \$2 a ticket, 3 for \$5

Proceeds to assist community projects in Tawa

Tickets: Contact Elizabeth – elizabethsutton49@gmail.com



WHAT'S HAPPENING AT TAWA SQUASH

ADULT CLUB NIGHT

Monday night from 7pm-9pm sees Tawa open its courts to whoever wants to have a hit. Club members are available to have a hit with and to pass on tips, plus rackets and balls are provided for the evening.

MASTERS (OVER 35YRS)

The Tawa Masters' Squash team made the final of the National Club Masters Competition played at the Pirates Club in Dunedin at the start of August. Although matches were tied at 2-all, and the games at 6-all, North Shore prevailed through scoring 9 points more, relegating Tawa to runners-up.

MUMS N BUBS

Thursday mornings (9.30 am-11 am) has seen growth with a minimum of 10 mums, with or without kids, coming along and loving having fun while exercising. This is sponsored by The Borough with coffee for two prize-drawn each week and a \$50 voucher drawn monthly. All gear is provided, non-marking shoes and comfy clothing the requirements.

JUNIORS

Junior Club Night has resumed at Tawa after a prolonged break since term one and has experienced growth. Kids learn to play the healthiest sport in the world.

Details are:

5pm-7pm with qualified coach, usually \$5 for non club members, first week free

5pm-5.30pm Small Nix 5-8 year olds (always free)

The kitchen is open – hot chips, toasted sammies, American Hot Dogs. Refreshments are available for kids and parents, all at great prices.

All gear is provided – just need non-marking shoes

Tawa has three juniors in this year's Wellington Junior Elite Squad – Hannah and Oli Dunbar and Liam McGrath. This is the highest representation of any club in the greater Wellington region.

The Wellington Junior Squash Open is being hosted by Tawa Squash from August 20th to 23rd. This is open for all juniors (under 19) in New Zealand and will cater for all levels.

Tawa Squash, 67 Main Road, Tawa (next to St Francis Xavier School), 232 8200

www.tawasquash.co.nz

2 MINUTES WITH Peter Bowers

Pete Bowers is the full-time manager of the Tawa Squash Club (the only full-time squash club manager in Wellington) which, according to its website, "has a reputation as one of the most friendly, welcoming, family-oriented and competitive squash clubs in the Wellington region."

He is also on the Tawa Residents' Association committee, on which he enjoys the role of treasurer.



Where were you born and brought up? Motueka

Where were you educated?

Motueka High School, Wellington Polytechnic

How long have you lived in Tawa? 39 years

What do you like about Tawa?

Proximity – brilliant train service with 5 stations – how many suburbs in NZ have that?

Eateries – so many choices

People – so many top people doing great work (includes Tawa born and bred Dr Ashley Bloomfield!)

Relatively quiet and safe although the pace is picking up as we grow.

What would you like to see improved in Tawa?

Tawa Valley Pathway (Ara Tawa) – great asset already but it could/should be an absolute feature of Tawa. Appearance of roundabouts – many are bland and the first two off the motorway are relatively unkempt giving the first impression of Tawa as being shabby.

What about family?

Married to Pam for almost 40 years (poor thing!). We first went out at high school. Pam's an experienced oncology nurse at Kenepuru Hospital – a nurse that the patients just love.

38 year old daughter Leanne married to Alistair Sutton with three lovable girls who all live in Tawa.

30 year old son Nathan who, with partner Alex, have a rugby-loving son and a newly born daughter who all live in Titahi Bay.

Work experience over the years

Worked for the Post Office/Telecom for 25 years as a technician and later an Account Manager. Then five years managing 12 sales staff of a successful Telecom Dealership, Blue Sky Wireless, until we got bought out. Latterly 10 years and still going as Club Manager of Tawa Squash Club.

What are your interests and hobbies?

Rugby and Cricket – both in my blood, galvanised by my folks and siblings.

Golf and Squash both picked up later in life.

Favourite sports team and/or sports person?

Team – Black Caps, especially the teamwork and humbleness they show. And wouldn't you be proud if Kane Williamson was your son?

Player – Trevor Morris, All Black fullback 1972/3 who taught at Motueka High School and coached the 1st XV. He had such balance and poise (ala Christian Cullen) and could drop goals from the halfway (with the old leather balls!) And he was my favourite-ever coach. In my first year in the 1st XV we had 13 players turn up for the trial (many school kids thought it cool to play for their clubs instead), we lost our first competition match 6-36 then won the competition, beating that same team in the final of the

..... contd

contd

the second round, 43-3! To make up the numbers he recruited the headmaster's son, the school dux, an American field scholar, and the school hockey team's captain all filling in on the wing! He certainly got the best out of everyone.

Favourite musical group and/or individual singer?

Group – Queen

Singer – Neil Diamond

What is your favourite holiday destination in New Zealand?

New Plymouth with kids. So many wholesome things to do – Pukekura Park is second to none, especially when lit up over Xmas, brilliant indoor/outdoor swimming facility, 7km coastal paved walkway, great golf courses, an imposing mountain, a brilliant squash facility, The Bowl of Brooklyn concert venue If you haven't been, go!

What accomplishments/achievements in your life give you the most satisfaction/pride?

Providing palliative care in our own home for mum for the last six months of her life. I left my full-time job to manage the Squash Club so I could tend to mum during the day and work in the evening when Pam would look after her. I had to perform some "medical chores" which mum said "I bet you never thought you'd have to do that" – ahhh, the circle of life!

Helping Tawa Squash Club to attain NZ Squash Club of the Year and Wellington Sports Club of the Year – the first Wellington Squash Club to ever win either award.

Captained the Nelson Schoolboy Cricket team to win the South Island Tournament in 1970 which included beating Canterbury (gee, that last bit felt good to write!)

What are two or three interesting things about you that local people may not know?

In my first year out of school I was selected to play a pre-season festival game of rugby in Nelson for Buccaneers against an Alex Wylie-led Saracens team but dad talked me out of playing as I was waiting for an operation to repair a cut tendon in my little finger (it wasn't sore, it just wouldn't bend and I could have taped it to the next finger.) It would have been the biggest game of my life. Don't you hate it when parents give the right advice! I subsequently had the little finger amputated, so now when you give me a high five you get a 20% discount from me!

As a young family we went to Australia for a year in the mid 1980s to experience life abroad with the view to staying if we liked it (the Post Office allowed a year's leave of absence in those days.) Can you believe it – Australia was full of Aussies! Who would have thought? While away I even got a promotion at the Post Office for when I returned! Those were the days – do nothing and get a pay rise!

What are three things you would like to do before you die?

Get a hole-in-one in golf (dad got two!)

See Tawa Squash flourish with an extra court (resource consent is already approved.)

Help create the Tawa Valley Pathway (Ara Tawa) to become an iconic attraction becoming ever-changing including regularly added street art, funky lighting etc.

CANDIDATES' MEETING

In case you weren't aware of it, the General Election is little more than a month away. With that in mind, the Tawa Union Church (6 Elena Place, Tawa) is hosting a candidates' meeting on Friday 28 August starting at 6.30pm. Supper will follow at the conclusion. As Tawa is in the Ōhāriu and the Mana electorates, candidates from both electorates will take part.

2020 General Election

HANGING BASKETS REFRESHED

The six-monthly refresh of the retail area's hanging baskets has just been completed by Tawa Rotarians.

Thanks to all those who took part, including Richard Herbert and Doug Miller for overseeing the operation, and to Brian Frampton for the use of his ITM truck.

This is one of many community enhancement projects undertaken by Tawa Rotary over its 50 years, which include a significant tree planting programme at the southern approaches to Tawa in the mid-1970s, followed later by the development of the Willowbank Reserve – tracks, plantings, bridge, seats, tables and BBQ.

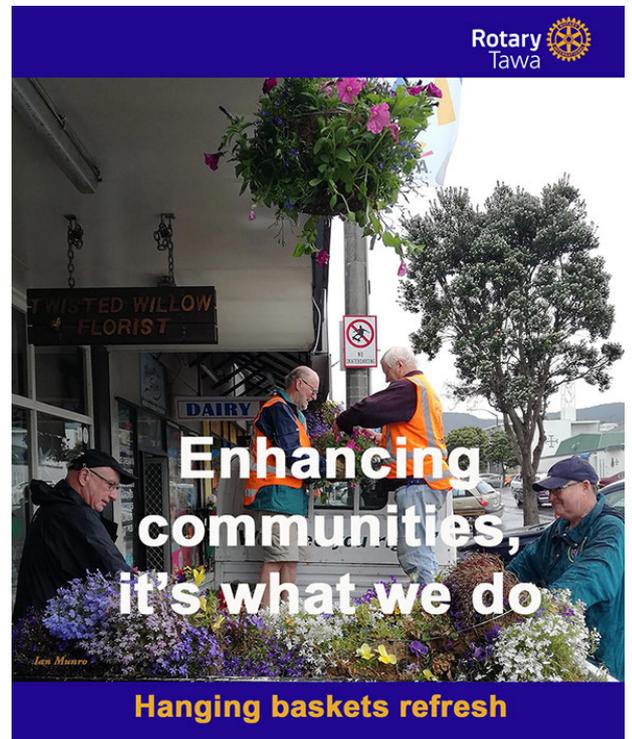
There's been the upgrade of the walking tracks, seating and signage in the Wilf Mexted Reserve, creation of the Tawa Lookout on the eastern side of the valley, and seating in Grasslees Reserve, while the decorative tiling on the library wall was a Rotary-led community project to celebrate Rotary's centennial in 2005.

www.tawarotary.org.nz • tawarotaryclub@gmail.com

EID AT LINDEN COMMUNITY CENTRE

The Children's Eid festival took place at the Linden Community Centre at the weekend. It was an opportunity for local people to join the Wellington Muslim community in celebrating "Eid Al Adha" with food and a variety of entertainment.

Thanks to Mai Mostafa and Fieza Ibrahim (WCC) and their team of volunteers for arranging the event.



**Got your
200L
water tank
yet ?**



WATER TANKS AVAILABLE IN TAWA

You can buy your own 200L emergency water tank in Tawa for \$110 from the Tawa Community Centre. Call Mandy on 232 1682 or email mandy.russell@wcc.govt.nz

The official recommendation is that we should arrange for our *own* emergency water storage of 140L per person (based on 20L per day per person for seven days).

Tawa Community Centre

A friendly place to pop in during the hours of 9am-1pm and 2-4.30pm on weekdays, or hire a room or hall for your community group / birthday party / meeting at reasonable rates.

Like us on Facebook at:

<https://www.facebook.com/TawaCommunityCentre>
and sign up to our newsletter by clicking the email signup button.

Ngā mihi

Malcolm Sparrow
info@tawalink.com
027 232 2320

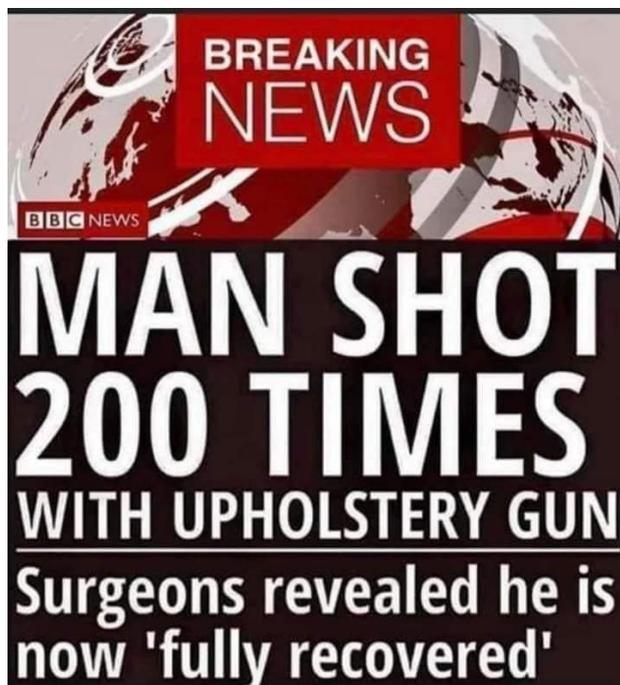


“Life is 10% what happens to you and 90% how you react to it.” – Charles R. Swindoll

“I’m very sorry to interrupt you, but you must have mistaken me for somebody who’s interested.”

“Nobody can go back and start a new beginning, but anyone can start today and make a new ending.”

“People never lie so much as after a hunt, during a war or before an election.” – Otto von Bismarck



This newsletter is emailed monthly to around 1350 Tawa households, businesses, schools, churches and clubs/groups (anyone who has an interest in the community of Tawa).

Some articles in this newsletter have been sent through by members of the Tawa community and have been published 'unedited'. They may not necessarily reflect the views of the Editor.

If you no longer wish to receive the newsletter, please send us an email requesting that your name be deleted from our list.

See www.tawalink.com/newsletters.html for back issues of the newsletter.



Forward Together: Hope, healing and helping others after significant loss

Date: Tuesday 25th August

Time: 7pm to 9pm including Q+A

Venue: Tawa College Hall

Many people in our community will have experienced the unexpected loss of a friend or family/whānau member. Loss, depression and grief can overwhelm a person's life and create ongoing challenges for them. It can leave people feeling alone, overcome by sadness, guilt, anger, hopelessness and helplessness and put them at greater risk. People need an alliance of hope – people in their lives who show and tell them:

- that their loss and grief matters (show empathy and compassion)
- they matter (promoting reasons for living)
- the future matters (there is hope, what you do with grief and how you cope is important).

In this presentation for family/whānau and students Chris will talk about how we can build alliances of hope, and share some tips about how to:

1. Recognise something is wrong and people are struggling with grief or suicidal thoughts and feelings.
2. Talk/korero about suicide, loss and other concerns safely (reach out, check in, check stuff out, acknowledge distress, express concern and listen).
3. Support healthy coping and resiliency (acknowledge and express grief, manage strong emotions, contain crises, develop safety plans and be solutions-focused).
4. Seek professional help when it is needed.

Presenter: Dr Chris Bowden

Dr Chris Bowden is a lecturer and suicide researcher in the School of Education at Victoria University of Wellington. He teaches in the area of child and adolescent development, mental health and educational psychology. His research areas include suicide bereavement, suicide prevention and trauma informed education. Chris delivers professional development and education on suicide, grief, loss and trauma to a range of professionals working in education, health and social services and the community.

